

Carrizo Springs
Consolidated Independent School District
300 N 7th St.
Carrizo Springs, Texas 78834
Telephone: (830) 876-3503

School Health Advisory Committee
(SHAC)
Meeting Minutes
Thursday, February 15, 2024
12:00 P.M
C.S.C.I.S.D Administrative Offices (family engagement room)
106 Middle School Dr.
Carrizo Springs, Texas 78834

Mission Statement

The Mission of CSCISD SHAC is to develop and promote a healthy and safe environment

Carrizo Springs CISD
Student Health Advisory Council
Meeting Minutes
Thursday, February 15, 2024
12:00 PM in Person Meeting

Members Present

Darian Alvarado, John Isquierdo, Steven Campos, Ruben Escamilla Jr., Bertha DeLeon, Maricela Cisneros, Petra Nanez, Jessica Bosquez Carmona, Juventino Torres, Ida Mendoza, Joann Sosa, Virginia Laude, Cassandra Pendergrast, Diana Garcia, Nydia Rodriguez, Maricela Guzman, Veronica Espinoza, Tiffany Saenz, Anna Morones, Ana Alaniz.

Visitors Present : Rosy De Los Santos, Sergio Castaneda, Albert Sosa, Michael Uriegas

- I. Call meeting to order - SHAC Chairperson, Darian Alvarado called SHAC meeting for Carrizo Springs CISD to order at 12:13 PM.
- II. Public Forum - Steven Campos signed up for a public forum and was given 3 minutes to present to our SHAC committee.
- III. Approve minutes of SHAC meeting held on Monday October 30, 2023 - Maricela Guzman and Cassandra Pendergrast motioned to approve the minutes.
- IV. TX Department of State Health Services : Sergio Castaneda
 - a. Sergio Castaneda and Rosy De los Santos presented the CATCH program for 3rd and 4th graders. Stated gym equipment provided and they would bring in their own teachers to teach the program during their physical education class. The duration of the CATCH program is once a week for 40 minutes in 12 sessions.
 - b. Motion to approve to implement the CATCH program to the 3rd and 4th graders at CSCISD - Cassandra Pendergrast and Maricela Guzman.
- V. District Nurse: Ida Mendoza, LVN
 - a. February is Heart Awareness Month - Ida Mendoza briefly discussed American Heart Month and passed out a flyer from the Texas Department of State Health Services.
 - b. Nurse staff is fully staffed - Ida Mendoza announced that the CSJH nurse position has been filled, there is a part time nurse at the high school and CSE nurse position has been filled.
 - c. Discussion of Seizure Management Treatment form - Ida Mendoza shared the seizure management treatment form with all SHAC committee members, she also stated there has

been an increase in seizures within the district. What is triggering the seizures?
Electronics or flashing lights?

- VI. CSCISD Food Service: Karen Marroquin, Food Service Director
- a. Nutrition education Presentation - Karen Marroquin informed SHAC committee members that USDA has awarded CSE and CSI to provide funding for a fresh fruit and vegetable program. Need to introduce fresh vegetables and fruits to the students. that is how the grant works.
- VII. Chairperson of SHAC: Darian Alvarado
- a. Mission statement - Darian Alvarado suggested the new SHAC mission statement, "The mission of CSCISD SHAC is to develop and promote a healthy and safe environment."
 - b. Motion to approve the new CSCISD SHAC mission statement - Joann Sosa and Juan Isquerdo.
- VIII. Adjournment -
- 1:02 PM Nydia Rodriguez and Cassandra Pendergrast motioned to adjourn the meeting.

Darian Alvarado

SHAC Chairperson, CSHS Health & Biology Teacher
Darian Alvarado

